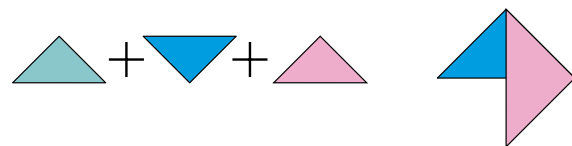
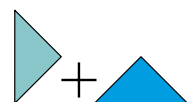


METHOD

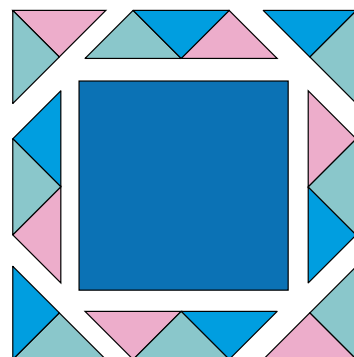
- 1 Cut one 8½in (21.5cm) square from the fat quarter to use as the centre of the quilt.
- 2 From the Jelly Roll™, cut thirty of the strips in half so they are each about 20in (51cm) long.
- 3 Select eight of the short strips and, using the template on page 124 or the specialist ruler, cut 48 quarter-square triangles. Each 20in (51cm) strip will yield six triangles.
- 4 Sew three triangles together, as in the diagram below, and press all the seams in the same direction. Offset the triangles slightly to create a seam allowance for when the rows of triangles are sewn to the centre square. Make four of these.



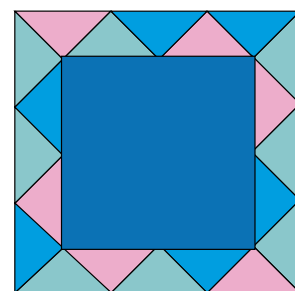
- 5 Sew two triangles together, as in the diagram below, and press the seam open. Make four of these.



- 6 Lay out the triangles to surround the centre square.



- 7 Mark the centre of one side of the square by finger pressing and match this to the centre of one row of triangles. Attach the row of triangles to the square. Press the seams towards the square.
- 8 Sew on the row of triangles on the opposite side of the square and press the seam towards the centre. Sew on the remaining two rows and, again, press the seams towards the centre.
- 9 Sew the four corners to the block, matching the seams to the corners. Press the seams open.

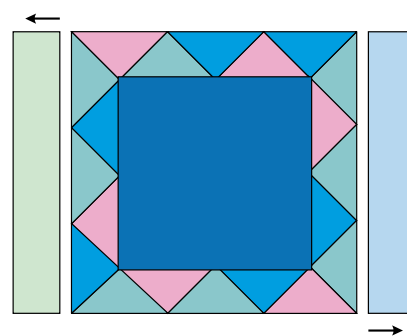


- 10 Take the remaining Jelly Roll™ strips and trim off the selvedge ends. Join the strips to form one continuous strip, mixing up the patterns and fabric lengths. Press the seams open.

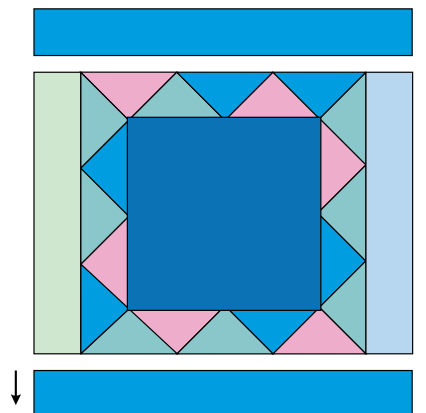
- 11 Join the remaining triangles together to make five rows of five or seven triangles, as in step 4. Press all the seams in one direction.



- 12 Take the long strip of fabric you made in step 10, align the end with one edge of the block and sew it along one side of the block. Trim it off when you reach the end. Do the same on the opposite side of the block. Press the seams away from the centre.

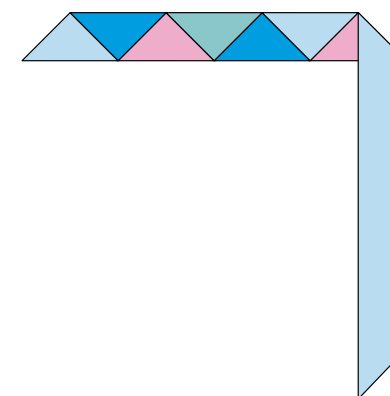


- 13 Repeat on the remaining opposite sides of the block. Press the seams away from the centre.



- 14 Continue to build up the quilt in this way, adding strips to opposite sides of the centre block.

- 15 At various points, five in total, insert a row of triangles into the quilt. To join the triangles to the fabric strip, trim the end of the fabric strip using the template or the specialist cutting ruler, then stitch the triangle row to the strip of fabric as shown in the diagram. Remember to offset the strip as you did in step 4. Press the seam towards the strip.



- 16 When you have completed the patchwork it should measure approximately 54in (137in) square. You can now add a border.

- 17 Stitch strips of border fabric to opposite sides of the patchwork, trimming off the excess at the edges. Press the seams towards the border. Repeat on the remaining two sides.

- 18 Layer and baste the quilt together ready for quilting.

- 19 I have used vermicelli quilting. See pages 34–35 for some other ideas.

- 20 Bind and label your quilt (see pages 36–40).

